



DEFENSE AGAINST WEAPONS COURSE

Prerequisites: None

Course Summary:

Provides instinctive reactions to people that have a weapon.

Course Length / Hours: 8 hours. 0900 – 1700 Hrs.

Topics May Include:

Disarming Techniques (handgun & shotgun)	Knife Avoidance	Self-Triage / First-aid	
Mental Preparation	Weapon Deployment Cycle	Defense Position	Blocks
Strike Combinations	Response Drills	Ground Defense	
Double Blades (as used by some gang members)	Using Alternative Weapons		
Negative Aspects of Throwing Blades			

Gear Requirements:

Students should bring their duty belt and gear (if applicable), Uniform, Uniform footwear and ballistic vest. Or tennis shoes, appropriate gym clothing, and a water bottle or other hydration system

Training Location Information:

TBD.

Course Cost:

Introductory price of \$150 tuition includes refreshments, instruction, and a certificate of completion. It is recommended that students bring food and additional snacks.