



## VICTIMIZATION REDUCTION – MIND SETTING

### Prerequisites:

None

### Course Summary:

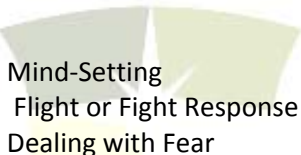
This class is a MUST take class for parents, high school students and college students, business professionals, realtors, utility workers, delivery drivers, police officers, security professionals and the like. This course acts as the foundation of all ARMADA courses. For generations people have been taking classes that teach them how to punch, kick, fight and shoot. However, what they are not being trained is how to mentally prepare and react to emergency or crisis situations. Most people are trained to “workout” every muscle, except the most important one...their mind. Our Victimization Reduction - Mind Setting course on provides intense, direct, and detailed training geared toward confrontation management and conflict resolution.

### Course Length / Hours:

4 hours. Exact times are listed on the website ([www.armadausa.com](http://www.armadausa.com)).

### Topics May Include:

Powers of Observation  
Doing Nothing  
What Does Work  
Totality of Circumstances  
Survival Rules  
Law Enforcement Interaction



Mind-Setting  
Flight or Fight Response  
Dealing with Fear  
Deadly Mistakes  
Communication Skills  
Scenario Training



### Requirements:

Students should bring an open mind.

### Training Location Information:

See website for details. [www.armadausa.com](http://www.armadausa.com) . Contact ARMADA to host a course and receive free / discounted training.

### Course Cost:

Introductory price of \$45 per student. Discounts are provided to groups that host training events. Discounts are also provided for bulk training (i.e. large number of students and/or multiple courses). Contact ARMADA for details.

Minimum Students: 8

Maximum Students: Dependant on Accommodations

If you like this course, consider taking ARMADA’s **Victimization Reduction – Street Smart Survival Course**